

3月20日祝日プログラム

8:00

8:10~9:10
Style Yoga Core
SAORI

8:30

9:00

9:30

9:30~10:30
Style Yoga Healing
SAORI

10:00

10:30

11:00

10:50~11:50
Style Yoga Flow
itsuku

11:30

12:00

12:10~13:10
Style Yoga Core
大宅 菜穂

12:30

13:00

13:30

13:30~14:30
Style Yoga Healing
大宅 菜穂

14:00

14:30

15:00

14:50~15:50
Style Yoga Flow
masami

15:30

16:00

16:10~17:10
Style Yoga Pillafect
masami

16:30

17:00

17:30

17:30~18:30
Style Yoga Healing
AZUSA

18:00

18:30

7:45 OPEN / 19:00 CLOSE